## Coconino County Senior Nutrition Program Joe C. Montoya Adult and Community Center 245 N. Thorpe Road, Flagstaff, AZ 86004

Kitchen / Reservations (928) 774-2606
\*\*Reservations Must Be Made By 2:00 pm the Day Before\*\*

## **ACTIVITY CALENDAR AUGUST 2016**

Sur	n Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	1 8:30 Sr. Stretch 12:00 Lunch 1:00 Pinochle	2 10:00 Beg Bridge 12:00 Lunch 12:30 Cribbage	3 12:00 Lunch 1:00 Dominos 1:00 Scrabble	4 Live Music 12:00 Lunch 1:00 Bridge	5Live Music 8:30 Sr. Stretch 12:00 Lunch 12:30 Beginning Spanish	
	8:30 Sr. Stretch 12:00 Lunch 1:00 Pinochle	9 10:00 Beg Bridge 12:00 Lunch 12:30 Cribbage	10 12:00 Lunch 1:00 Dominos 1:00 Scrabble	11 Williams trip 10am. \$7 w/lunch Live Music 12:00 Lunch 1:00 Bridge	12 Live Music 8:30 Sr. Stretch 12:00 Lunch 12:30 Beginning Spanish	
	8:30 Sr. Stretch 12:00 Lunch 1:00 Pinochle	16 10:00 Beg Bridge 12:00 Lunch 12:30 Cribbage	17 12:00 Lunch 1:00 Dominos 1:00 Scrabble	18 Live music 12:00 Lunch 1:00 Bridge	19 Live Music 8:30 Sr. Stretch 12:00 Lunch 12:30 Beginning Spanish	
	8:30 Sr. Stretch 12:00 Lunch 1:00 Pinochle	23 10:00 Beg Bridge 12:00 Lunch 12:30 Cribbage	12:00 Lunch 1:00 Dominos 1:00 Scrabble	25 Live Music 12:00 Lunch 1:00 Bridge	26 Live Music 8:30 Sr. Stretch 12:00 Lunch 12:30 Beginning Spanish	
	8:30 Sr. Stretch 12:00 Lunch 1:00 Pinochle	30 10:00 Beg Bridge 12:00 Lunch 12:30 Cribbage	31 12:00 Lunch 1:00 Dominos 1:00 Scrabble	aaa		